

### Rana Ibrahim Haddad

Free Lancer, Lebanon



I think that this session managed to achieve its targets and even more than that. The most positive and outstanding fact was the excellent level of the trainers which helped deepen the debate, enrich the session and facilitated the exchange of experiences.

I noticed that the idea of the session was pioneering and the interaction among participants maintained good environment for the debate. For this reason, I call for the need to deepen the exercises and review the training user guide so that it would suit the different needs of targeted groups. I also insist on the need to follow-up and to continue with the same structures and trainers to maximize the efficiency hoped-for.

### Said Ratrout:

Coordinator of the Sensitisation and Training Unit at the Children's Welfare Programme:



Jordan River Institution,  
Jordan

It was a positive session which offered the opportunity to exchange experiences in the Arab countries on issues related to adolescence.

It is an initiative by "Cawtar" which deserves esteem especially in terms of testimonies and realities which were presented by CAWTAR's report "Arab Adolescent Girl: Realities and Prospects." The training kit also provided us with several data and skills in the field of adolescence, I consider it is important to prepare a follow-up strategy particularly disseminating the training kit and carry out its sessions on the largest possible scale and notably at the level of the targeted groups in the Arab world.

I was expecting that all exercises will be tested with the training team who in fact devoted during the training session considerable efforts and allow the participants to benefit from the activities focused upon.

### Imen Qassis:

Center for Support of Victims of Sexual Violence, Palestine



The session was an excellent opportunity and one of the important steps made by Cawtar to invited experts, trainers and practitioners to validate the kit's user guide before its publication. We should have been given more time to further benefit from this session, I hope that this session will be successful in future and will be the focus of continuity and follow-up.

### Chafiq Ahmed:

International Family Planning Union, Syria



The idea of the session was pilot and particularly in using it to benefit all targeted groups. The training manual was good and rich and requires much skill and follow-up as well as continuous updating and improvement.

However, the two shortcomings of this session is the trainers initiative to only work with focus groups and the daily evaluation of activities. Besides, the obvious disparity between experiences was a two-edged sword. It enriched the experiences and generalised on the one hand and generalized the focus on the other. This is in addition it affected the levels of use among focus groups and the should be unified structure of the session.

### Abdallah Bouki:

National Children's Rights Observatory,  
Morocco



Despite the seriousness of the session and its importance there was an imbalance between the presented subjects and the time devoted to them. This resulted in a sort of pressure. Yet, this session was only a starting point and its level was high. It opened the space for interactions, and free dialogue among participants..

### Bassam Icha:

Training and Information Advisor, CAWTAR  
Session Trainer, Libya



This session in general was good and excellent from different perspectives. The presence of different skills enriched the experiences of the participants on the one hand and the contents of the session itself on the other one. This was reflected in the work of small group and the trainers which would be a driving force for the improvement of the Cawtar's training kit in general and the user's guide in particular.

The session was also excellent insofar as it managed to meet its targets such as testing of the kit's exercises and the user's guide especially in the design of several pilot session for the groups targeted by this kit. Besides, the participants' tendency to think of the post-session period is significant as normally the contacts between trainers themselves on the one hand and between them and the participants' institutions end as soon the training sessions implemented. Yet, the recommendation providing for the creation of a network of trainers in the issue of adolescence in general and the participants in this session, in particular and the elaboration of strategy of personal and institutional commitment paves the way for a regional strategy to make use of the Cawtar's training kit in the field of adolescence which will be, according to me, a significant milestone in following up the impact in the post-training term.

The recommendations focused on the need to apply this training experience in the participants' institutions and present reports on them to Cawtar prior to the end of 2006; in addition to the creation of an interactive network of participants institutions.

Monia Saidani

## CAWTAR's Training Kit on Adolescence

# The Training of Trainers Program

*CAWTAR organised a pilot training of trainers session on Cawtar's training kit on ideas for working with Arab Adolescent boys and girls in collaboration with the United Nations Population's Fund.*

*The training session, which was held on June 14-18 in Tunis, benefited 20 female and male trainers active in youth, children and adolescence programmes and projects in ten Arab countries: Syria, Jordan, Sudan, Palestine, Lebanon, Tunisia, Morocco, Algeria, Egypt and Libya.*

*This session is part of Cawtar's programme on adolescence in the Arab region. Several experts have contributed to the elaboration of this kit and the integration of human rights and gender based approach. The kit is intended to become an effective tool for promoting the culture of human rights and gender equality and training the targeted classes on issues related to adolescence.*

The training session focused on the methods to make the kit targeting adolescents, their families, educators, workers in this issue and decision-makers through the following themes:

- Identity and self-image
- puberty and adolescence
- family relation
- School and work
- Culture of adolescence and behaviours
- Values and attitudes

The session also focused on different training tools such as the exercises included in the "Cawtar" training kit to keep in tune with the experiences of targeted group.

### Testimonials on the training of trainer's session

#### Abdessalem Nakhla:

*Trainer and Programme Coordinator at Thamer Training Institution, Palestine*



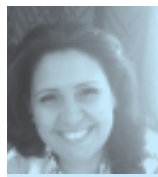
The session was actually beneficial due to the high level of interactions and was an opportunity to take advantage from the different experiences of the participants which guaranteed the efficiency and complementarity of the training process. Besides, the issue of adolescence which used to be of less importance in the Arab world has become at the top of all countries' concerned. Devoting a training kit to the issues of adolescents (female and male) will certainly contribute to alleviate the problems.

As regards the training mechanisms, it is obvious that most of them are flexible and open, which will make the use of the exercises

in line with the particularities of each region. However, everybody expected training to last longer so as to examine all the kit's contents,

#### Aouatef Anouar :

*Anglican Coptic Committee of Social Services, Egypt*



The session was excellent and beneficial for all despite the time was limited and the focus was only on some parts of the kit. It would have also been better to give more time to Dr. Faiza Ben Hadid, the Regional Gender Adviser at the United Nations' Population Fund and also for the discussions. It is worth noting that this session was of a high level in terms of contents and the communication among the participants and trainers was excellent. I wish the contacts established between the participants will continue.

#### Abdelkarim Machai:

*Training Commander of Algerian Islamic Scout, Algeria*



The session was an excellent opportunity to communicate and exchange skills and experiences between a distinguished group of participants from several part of the Arab region under the supervision of a team of experienced trainers. Besides, Cawtar's kit rich contents were very useful for all those who have the necessary skills to utilize it.

I recommended systematic follow-up with this group of trainers so that the session work on validating the kit's and its applications continues.

#### Fatma El kikhia:

*Children's Rights Association, Libya*



The session was the first of its kind, and obviously greater efforts were exerted. Yet, the limited time and the works pressure were the factors behind the narrow space for dialogue and discussions and prevented in-depth examination of all presented issues. This especially important for those who have not a wide knowledge of adolescents' issues. However, the very good discussion with the trainers helped enrich the experiences.

I wish this work will continue with the same team so as to guarantee sustainability and to achieve the target hoped-for in a measurable time.

#### Charfeddine Majoub

*Centre of Sources and Women's Studies, Sudan*



This session managed to tackle several aspects related to the means to deal with adolescents. It also covered the theoretical and practical issues and managed to a certain extent to reach its targets, due to the skills of both trainers and trainees. I hope that the session will be followed up, and that trainers will disseminate Cawtar kit which really can be used in any place and at any time. I also hope that the contacts established during the session will continue as they will also and outcome of open and constructive debate among .